



Ambassadors for Recovery

Chester County PRO-ACT



September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Register for trainings by contacting Jacqueline ter Kuile, Volunteer Coordinator: 610-675-4235</p>	<p>For CRS Services, contact Adam Sledd, Coordinator: P: 484-325-5990</p>				<p>1. </p>	<p>2. </p>
<p>3. Peer Leader Coordinator Alison Slickers 610-675-4200</p>	<p>4. </p>	<p>5. </p>	<p>6. Seeking Strength 7-8:00PM The Melton Center Family Education Program 7-9:00PM</p>	<p>7. Volunteer Orientation 6-8:00PM</p>	<p>8. </p>	<p>9. </p>
<p>10. Chester County Office: 16 Mystic Lane Malvern, PA</p>	<p>11.</p>	<p>12.</p>	<p>13. Seeking Strength 7-8:00PM The Melton Center Family Education Program 7-9:00PM</p>	<p>14. Peer Mentoring I Volunteer Training 4-8:00PM</p>	<p>15. </p>	<p>16. Adventures in Recovery 10-2:00PM Hiking @ Saint Peter's Village</p>
<p>20. </p>	<p>18. Recovery Support Committee 6-7PM Educating the Community Committee 7-8 PM</p>	<p>19. </p>	<p>20. Seeking Strength 7-8:00PM The Melton Center Family Education Program 7-9:00PM</p>	<p>21. Peer Mentoring II Volunteer Training 4-8:00PM</p>	<p>22.</p>	<p>23. PRO-ACT Recovery Walks 2017 </p>
<p>24. </p>	<p>25. Volunteer Orientation 10:30-12:30PM</p>	<p>26. </p>	<p>27. Seeking Strength 7-8:00PM The Melton Center</p>	<p>28. Group Leadership and Facilitation Volunteer Training 4-8:00PM</p>	<p>29. </p>	<p>30. </p>

Highlights in September 2017

***Volunteer Orientation Training:** During this training, you will learn more about the mission of The Council of Southeast Pennsylvania and PRO-ACT, and how you can be a part of the hope, help and healing of recovery. All volunteers complete this training to help identify strengths and assets so everyone can get the most out of their volunteer experience. Please contact Jacqueline ter Kuile to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

***Peer Mentoring Training:** Our Peer Mentoring training will help you learn effective peer mentoring strategies and active listening skills. Please contact Jacqueline ter Kuile to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

***Group Leadership and Facilitation Training:** This training is for volunteers who have completed the Volunteer Orientation Training and would like to learn how to facilitate our Life Skills programs or a topic workshop. The training helps you strengthen your presentation, listening and leadership skills. Please contact Jacqueline ter Kuile to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

****You may also register for volunteer trainings online by visiting our website:**
<http://www.councilsepa.org/programs/pro-act/calendars-and-registration/>**

***PRO-ACT Family Education Program:** A three week, educational program for loved ones of those struggling with substance use disorder. Program is not for children under age 14 and not for the person suffering from a substance use disorder. The program is held the first three Wednesdays of August from 7:00 pm—9:00 pm at 16 Mystic Lane, Malvern, Pennsylvania 19335. Pre-registration is required. Please call (800) 221-6333 to register.

***Recovery Support Committee Meeting:** Brainstorm and develop peer-based recovery support services and activities for Chester County PRO-ACT. This meeting is held at 16 Mystic Lane Malvern, PA 19355.

***Educating the Community Committee Meeting:** The committee plans messages services and activities within Chester County and educates the community as a whole about recovery. This meeting is held at 16 Mystic Lane Malvern, PA 19355.

***Seeking Strength:** Trauma support group for women in recovery from substance disorder. Every Wednesday evening from 7:00 pm-8:00pm. Group meets at The Melton Center 501 E. Miner St. West Chester, PA.

***Adventures in Recovery:** An adventure in the outdoors with sober friends. Hiking, boating, exploring. All ability levels are welcome!



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**FOR MORE INFORMATION ON TRAININGS AND PRO-ACT PROGRAMMING, CONTACT
JACQUELINE TER KUILE, CHESTER COUNTY VOLUNTEER COORDINATOR AT:
(610) 675-4235 OR JTERKUILE@COUNCILSEPA.ORG**