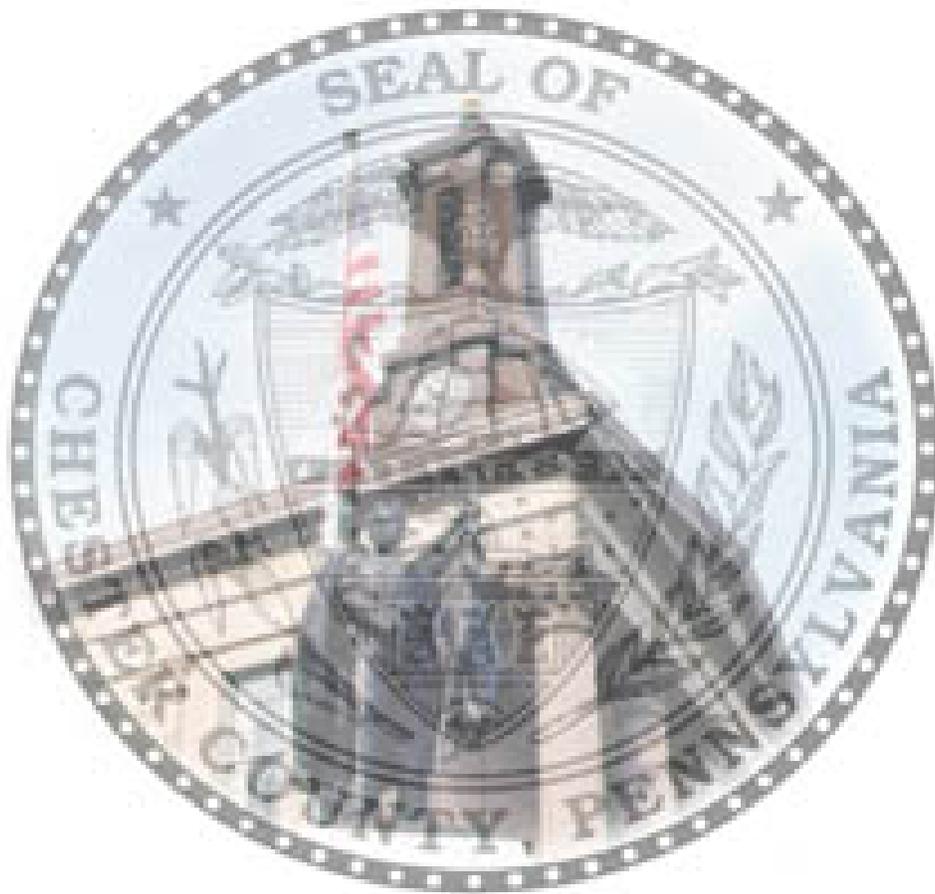


# ***CHESTER COUNTY***

## **DEPARTMENT OF DRUG AND ALCOHOL SERVICES**



**ANNUAL REPORT  
FY 2010/11**

# **Chester County**

## **Department of Drug and Alcohol Services**

Government Services Center, Suite 325  
601 Westtown Road, P.O. Box 2747  
West Chester, PA 19380-0990  
(610) 344-6620

### **VISION**

Promote alcohol and other drug policies and programs that improve the quality of life and reflect the cultural and economic diversity of the community.

### **MISSION**

Ensure that quality alcohol and other drug intervention and treatment, as well as alcohol, tobacco and other drug prevention programs are provided for citizens in an efficient and cost-effective manner.

### **GOALS**

The service delivery system for county residents has been designed to provide comprehensive and accessible care for both adolescents and adults in need of treatment or intervention services and assistance to communities trying to prevent addiction. There are several overriding goals that the Department tries to achieve in the design and delivery of prevention, intervention, case management, and treatment services as listed below:

- Assist communities in becoming their own change agents.
- Increase community recognition of alcohol and tobacco as drugs.
- Prevent the continuation of intergenerational family dysfunction due to substance abuse.
- Promote understanding of the disease concept and the hereditary risk factors associated with addiction.
- Assist clients in creating self-sufficient lives.
- Continuously evaluate the services provided to ensure that they are accessible, high quality, effective, cost-efficient and best meet the needs of the citizens of Chester County.

## BACKGROUND

The Department of Drug and Alcohol Services was established by the Chester County Commissioners as a Public Executive Commission. The Department serves as the Single County Authority (SCA) for Chester County, responsible for the planning, coordination, and administration of community alcohol and other drug prevention, intervention, and treatment services. The Department also provides case management services.

The work of the Department is accomplished with the assistance of the Chester County Advisory Council, whose members are appointed by the Commissioners. Members are community volunteers who advise the Department on community needs, planning and management of resources and services. FY 2010/11 Advisory Council membership was:

Elizabeth Anne Redmond, Chairperson  
Joseph Galie, Vice Chairperson  
Douglas J. Dunne, Secretary  
Betsy Walls, Health Department Representative  
Angela Linden, Provider Representative  
Angela Asparagus, Member-At-Large  
A. Joe Benjamin, Member-At-Large  
Gwenn Knapp, Member-At-Large  
Bradley Warren, Member-At-Large

The three (3) persons Board of Commissioners is the governing entity responsible for oversight of the Department. The Department is part of Chester County's human services departments, overseen by Human Services Director, Ruth Kranz-Carl.

The majority of prevention, intervention and treatment services are provided via subcontracts developed and monitored by the Department. The Department also conducts regular needs assessments and develops plans for services.

In addition to planning and administrative activities the Department also provides some direct case management and prevention services. Case management services include initial assessment for incarcerated individuals and ongoing case management for all residential clients. Prevention services include, but are not limited to, information dissemination and environmental strategies. The staff of the Department is:

Kim P. Bowman, Executive Director  
Vincent H. Brown, Deputy Director

### **Administrative Unit**

Gloria Anderson, Secretary  
Todd Bender, Program Representative  
Sharon Ingraham, Fiscal Officer II  
Mary Jo Nickel, Fiscal Technician  
Meg Polvino, Program Specialist  
Robin Marshall, Prevention Specialist  
Geri Thomas, Administrative Officer  
Cathy Vaul, Program Representative  
Betty Wade, Administrative Assistant II

### **Case Management Unit**

Roslyn Cannie, Case Manager  
Richard Eline, Case Manager  
Rebecca Harkins, Case Manager  
Jamie Johnson, Case Mgmt. Supervisor  
Karen Records, Program Specialist  
Crystal Robertson, Case Manager  
Barbara Wood, Secretary

## Department Accomplishments

In addition to the ongoing management of a prevention, intervention and treatment system for Chester County the Department accomplished the following:

### Administrative

- ❖ Joint participation with the Departments of Mental Health and Human Services to implement an outreach project to the Latino population of Chester County to introduce and educate the Latino community about behavioral health services. The contracted provider will work with community stakeholders to develop strategies and goals for the prevention, intervention, outreach and education regarding behavioral health services to this population.
- ❖ Applied for the joint Substance Abuse and Mental Health Service Administration and Bureau of Justice Assistance Drug Court enhancement grant focusing on providing treatment and educational/vocational services to individuals 18 to 25 years of age. We were subsequently notified of award, which was one of only ten nationally.
- ❖ Participated in a competitive selection process to select the provider that would service the Transitional Age Youth in Chester County; a joint venture between the Departments of Children, Youth and Families (CYF) and Human Services. The focus is to provide case management services to targeted youth in the CYF system that are approaching adult status but still need services, such as: housing, education, money management, vocational referrals, etc.
- ❖ Participation in a Children, Youth and Families (CYF) multi-disciplinary team which meets every other month to discuss cases with multiple abuse allegations/investigations. This forum helps improve wrap around services for families who need intervention, such as: parenting skills, mental health and, drug and alcohol services/treatment and involvement with the Health Department; as well as promote a smooth referral, assessment and progress reporting process.
- ❖ Participation in monthly case consultations between the Mental Health (MH), Aging and Drug and Alcohol (D&A) Departments. Cases are staffed with county departments in an effort to identify issues (D&A or MH) plus assist in facilitating access to needed services (such as assessment to determine a proper level of treatment/care) when necessary. Also, participates in a monthly state-wide audio/video conference call that brings representatives to the table from all Counties - includes Aging, MH and D&A staff to assist in resolving complex cases.

### Gambling

- ❖ Conducted county-wide assessment profiling population needs, resources and readiness to address needs and gaps related to problem gambling. The needs assessment identified three (3) key findings: Lack of Community Awareness about Problem Gambling; Lack of Screening for Problem Gambling among County Human Services; and Lack of Treatment Capacity for Problem Gambling.

The needs assessment also identified the following high risk populations: individuals with co-occurring substance use and/or mental health disorders, youth/young adults with other high risk behaviors/attitudes, college students and older adults.

- ❖ A 14-month funding proposal to address problem gambling issues identified in the needs assessment was submitted to the PA Department of Health and subsequently awarded in May 2011.

## **Treatment**

- ❖ Continued progress with the Mental Illness and Substance Abuse (MISA) workgroup, in coordination/cooperation with Department of Mental Health and Community Care, for contracted outpatient drug and alcohol and mental health providers to move toward attainment of co-occurring competency standards.
- ❖ Methadone Best Practices efforts. Initiated workgroup comprised of multiple counties and their Medicaid managed care plan to develop best practice standards for contracted methadone treatment services.
- ❖ Successful continuation of the SAMHSA Re-entry grant, serving 132 individuals since its inception and exceeding grant requirements and goals in a number of areas including the number of intakes and follow-ups conducted.

## **Case Management**

- ❖ Completed 266 assessments at Chester County Prison, which includes a complete assessment, reporting and follow-up with any legal entities, and finally a program admission if eligible.

## **Recovery Support**

- ❖ Participation in the System of Care (SOC) project with CYF, Mental Health/Intellectual and Developmental Disabilities (MH/IDD), Adult and Juvenile Probation, Aging, and Human Services. The SOC practice model is driven by the individual and family, builds on natural recovery supports and positive alternatives within the community, empowers families to recognize and build upon their strengths and seeks to ensure there is a unified plan of care.
- ❖ Developed and implemented a two-day training of trainers for the highly praised 12-Step Training. This intensive program was designed to increase the number of State-approved 12-Step trainers in order to meet the growing need for this valuable training for a recovery oriented system.
- ❖ Continue to have both recovering individuals and family members of those affected by addiction participating in our Advisory Council.
- ❖ Supported individuals in recovery attendance at the Recovery Walk in Philadelphia, the national site for the walk, through provision of bus transportation.

## **Prevention/Intervention**

- ❖ Through a partnership with the West Chester Area Communities That Care coalition, Family Service of Chester County and West Chester University, the Department funded and supported a program, utilizing a restorative justice model, to increase accountability of West Chester University students (under 21 years of age) that have been arrested for alcohol fueled violations occurring in the Borough of West Chester. The Young Adult Community Conferencing Program enables young adults to form connections with the community, and changes unhealthy social norms related to underage alcohol use in the young adult culture.
- ❖ Conducted a three (3) month, county-wide community awareness campaign to address prescription drug abuse. The campaign disseminated over 16,000 informational flyers via local pharmacies, included billboard and local newspaper advertisements promoting the proper use of prescription medications, coordination of a Prescription Drug Take Back Event, conducted 56 school-based educational sessions, and provided two (2) educational sessions, in conjunction with the Attorney General's office, focusing on Responsible Prescribing Practices in the medical community.
- ❖ Developed a county-level strategic plan that supports individual communities so they can address alcohol and other drug prevention efforts within their own community. Strategic plan incorporates the use of an evidence-based community mobilization process such as the framework provided by the Communities That Care model.
- ❖ Sponsored a three (3) day Intervention Training provided by The Council of Southeast Pennsylvania, Inc. that included participation by county-contracted providers in order to increase the availability of intervention specialists in Chester County.

## **SCA Case Management System**

Striving to ensure ease of access, Chester County has a decentralized system for entry to funded treatment, regardless of level of care needed. The primary points of entry for funded treatment are our five (5) subcontracted outpatient providers located in Coatesville, Exton, Kennett Square, Phoenixville and West Chester. Each of these providers will screen for emergent needs upon initial contact and then see the individual to conduct an assessment to determine, with the individual, the type of treatment (level of care) most appropriate.

For those individuals in need of residential treatment, the program will work with our Case Management Unit to determine the most appropriate program and arrange for treatment funding. Following admission to residential treatment, our Case Management Unit will follow the individual to assist with case management needs and ensure continuity of care.

In addition to entry via our outpatient providers, individuals can be assessed at the Chester County Prison with recommendations for level of care made to the presiding criminal justice agency.

For individuals in need of emergency care, detoxification admission can happen prior to assessment as appropriate. While in detox, the individual will be assessed to determine the appropriate treatment referral.

Need for funded treatment routinely exceeds available resources. As a result, the Department limits the number of residential treatment episodes we will fund. When, during the course of a fiscal year residential funding is exhausted, the Department establishes a waiting list that is maintained in our Case Management Unit. Outpatient services historically always remain available.

## Client Demographics

**SPECIAL POPULATIONS AND SERVICES:** The following information reflects unduplicated funded clients in the county contracted system of care during Fiscal Year 2010/11.

Total County-Funded Clients 2,156

Percent of Injection Drug Users (IDUs) 10%

### Primary Drugs of Choice at Time of Admission

Alcohol	52%
Heroin/Other Opiates	20%
Marijuana	18%
Cocaine	6%
Other	4%

### Age Ranges at Admission

Under 18	2%
18 – 34	61%
35 – 54	32%
Over 54	5%

### Race/Ethnicity and Gender

White Males	57%
White Females	18%
Black Males	14%
Black Females	4%
Other Male	6%
Other Female	1%

**NOTE:** 12% of all individuals reported being of Hispanic origin

### Funded Levels of Care of the Total County-Funded Clients

Outpatient	87%
Intensive Outpatient & Partial Hospitalization	15%
Detoxification	13%
Residential	19%
(% of residential clients with Co-Occurring mental health disorders)	36%
Halfway House	5%

**NOTE:** The total is greater than 100% as individuals may attend more than one level of care during their treatment continuum.

### Pregnant Women/Women with Dependent Children

Both Pregnant and with Dependant Children	<1%
Pregnant Women only	<1%
Women with Dependent Children	3%

**NOTE:** The data for Pregnant Women/Women with Dependent Children is based on the total of clients funded by both the SCA and other sources.

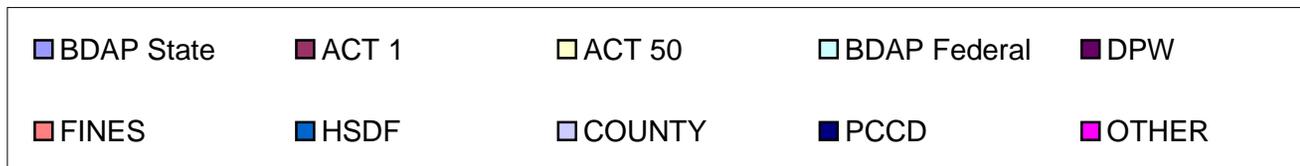
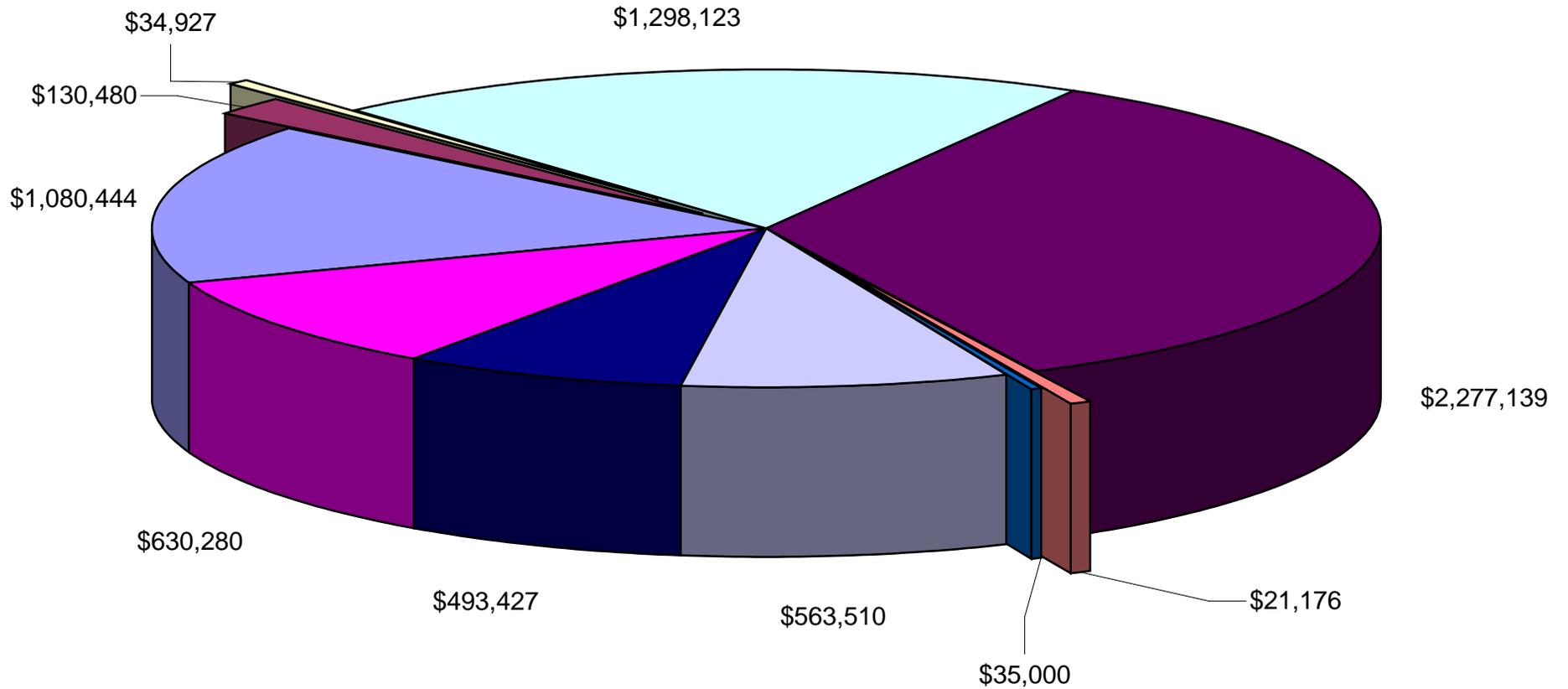
**Referral Source:** 2,420 unduplicated clients were referred to the county treatment system of care, regardless of funding source, during Fiscal Year 2010/11.

<b>Description</b>	<b>Count (Unduplicated)</b>
<b>D&amp;A Abuse Provider</b>	<b>165</b>
<b>Self</b>	<b>431</b>
<b>Hospital/Physician</b>	<b>99</b>
<b>Community Service Agency</b>	<b>337</b>
<b>Other Voluntary</b>	<b>92</b>
<b>County Probation/Parole</b>	<b>857</b>
<b>State/Federal Probation/Parole</b>	<b>82</b>
<b>Diversion Programs</b>	<b>14</b>
<b>Court (Judge)</b>	<b>191</b>
<b>Other Non-Voluntary</b>	<b>152</b>

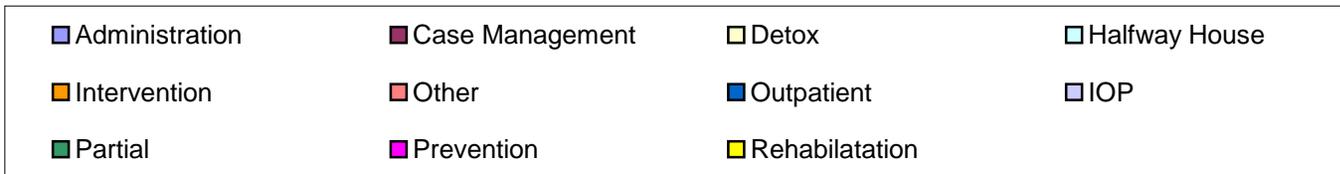
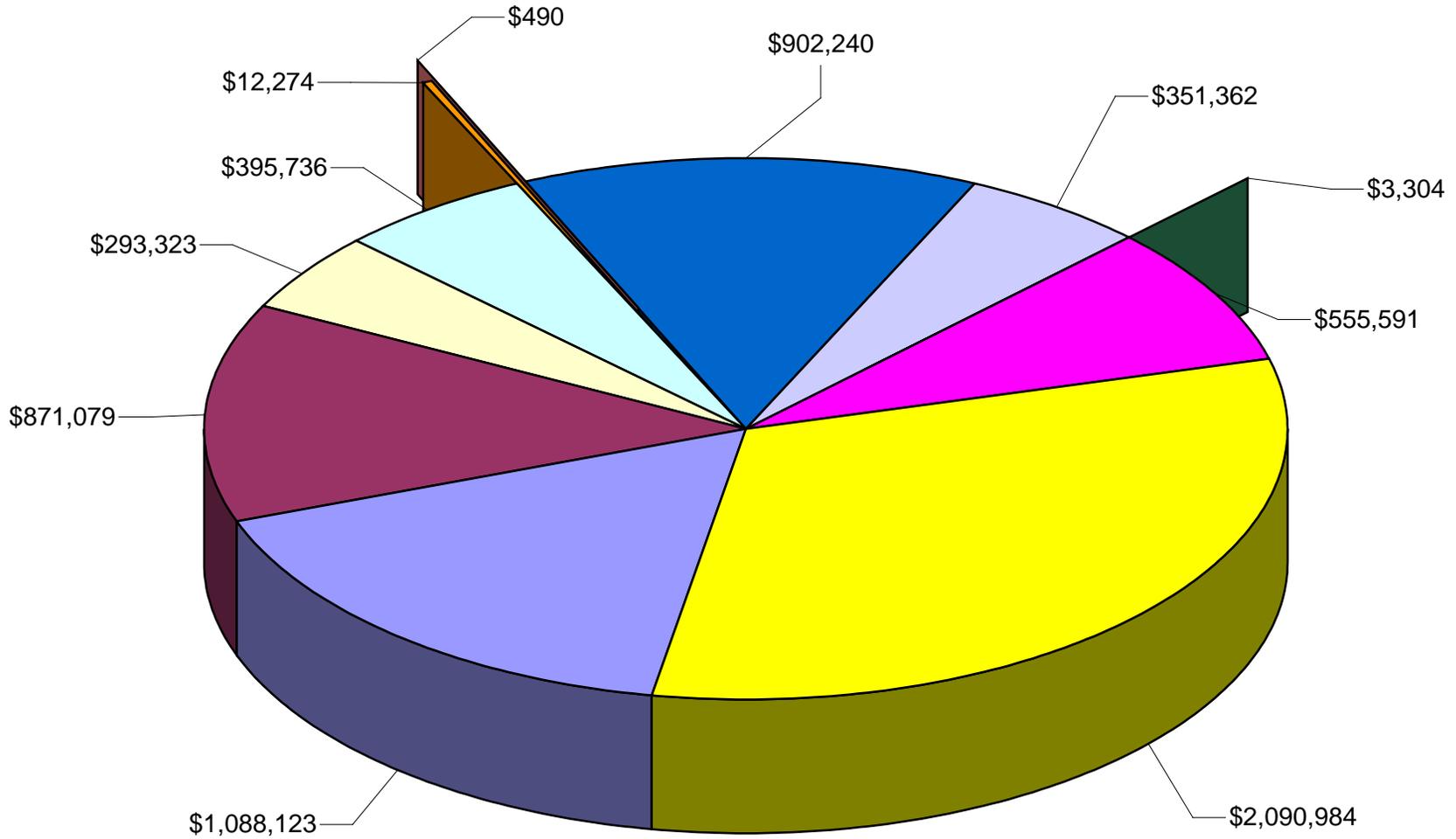
## **FISCAL INFORMATION**

Total Revenue for the Chester County Department of Drug and Alcohol Services for FY 2010/2011 was \$6,564,506. Revenue Sources includes the following: federal Block Grant and SAMHSA competitive grant PA Department of Public Welfare, PA State Base, PA Commission on Crime & Delinquency (PCCD), Human Service Development Fund (HSDF), Chester County matching funds, and other miscellaneous sources (Interest, Office of Managed Behavioral Health, Drug Court, Criminal Justice, & Children, Youth and Families Funding).

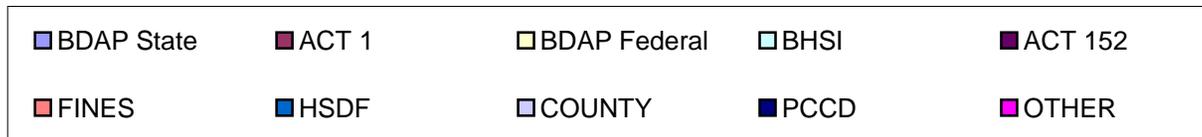
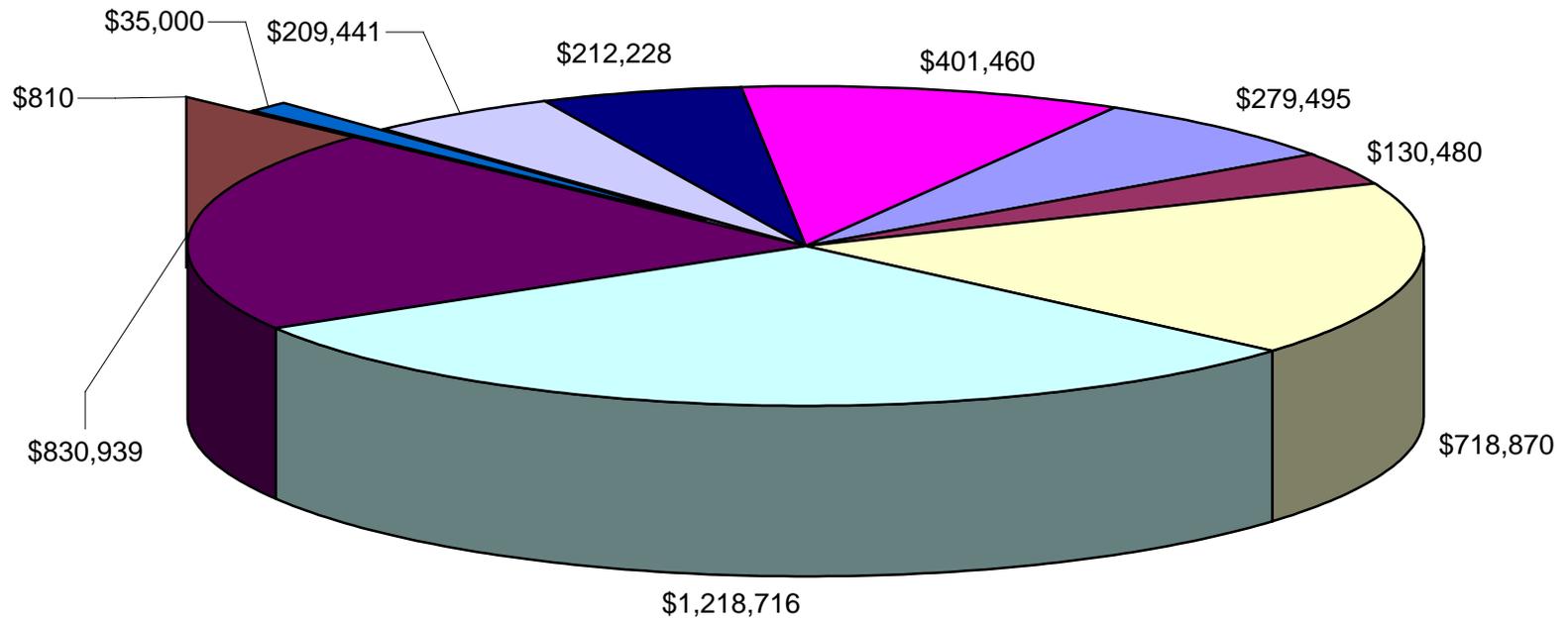
**Total Revenue FY 2010/11 - \$6,564,506**



### Total Expenditures FY 2010/11 - \$6,564,506



**FUNDS USED FOR TREATMENT FY 2010/11 - \$4,037,439**



# CHESTER COUNTY COMMISSIONERS 2010

*Terence Farrell, Chairperson  
Kathi Cozzone  
Ryan A. Costello*

These services are made possible by the Chester County Commissioners, Pennsylvania Department of Health, Bureau of Drug and Alcohol Programs, and the United States Department of Health and Human Services. Some data for use in this report were obtained through the county's contract with the Pennsylvania Department of Health. The Pennsylvania Department of Health specifically disclaims responsibility for any analysis, interpretations, or conclusions therein.

*Tom Corbett, Governor  
Commonwealth of Pennsylvania*

*Eli N. Avila, Secretary  
Department of Health*

Subcontracting agencies also receive contributions from local United Way chapters, foundations, and private donations.