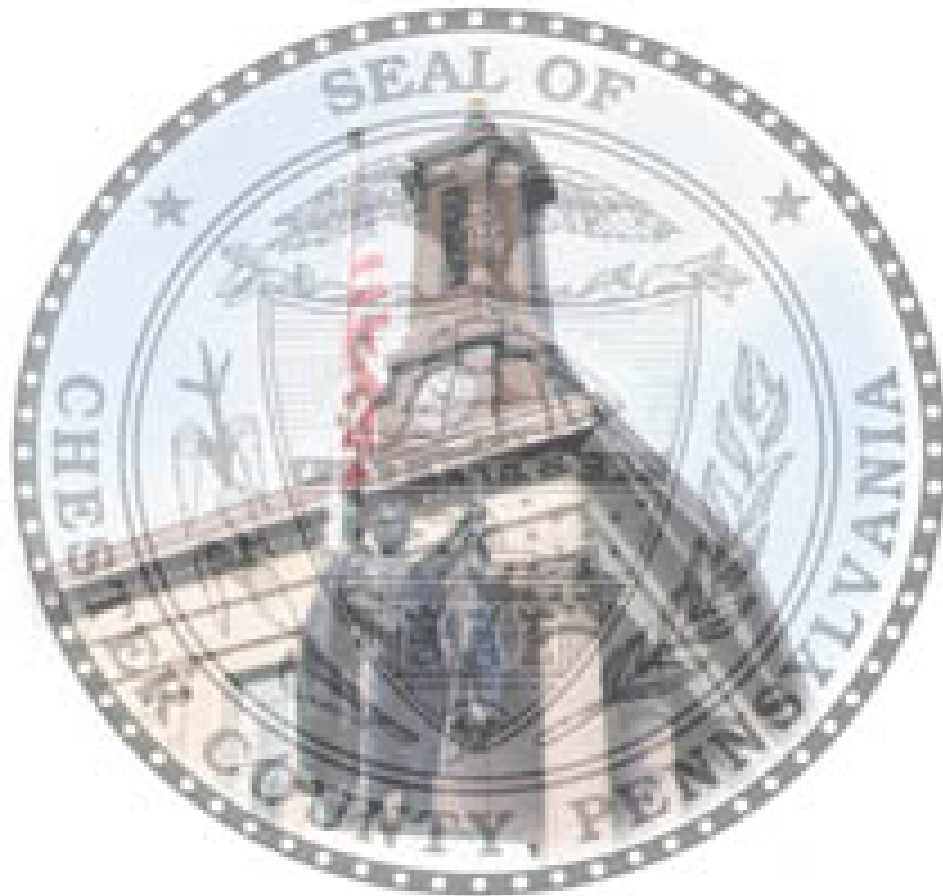


# ***CHESTER COUNTY***

## **DEPARTMENT OF DRUG AND ALCOHOL SERVICES**



**ANNUAL REPORT  
FY 2008/09**

# **Chester County**

## **Department of Drug and Alcohol Services**

Government Services Center, Suite 325  
601 Westtown Road, P.O. Box 2747  
West Chester, PA 19380-0990  
(610) 344-6620

### **VISION**

Promote alcohol and other drug policies and programs that improve the quality of life and reflect the cultural and economic diversity of the community.

### **MISSION**

Ensure that quality alcohol and other drug intervention and treatment, as well as alcohol, tobacco and other drug prevention programs are provided for citizens in an efficient and cost-effective manner.

### **GOALS**

The service delivery system for county residents has been designed to provide comprehensive and accessible care for both adolescents and adults in need of treatment or intervention services and assistance to communities trying to prevent addiction. There are several overriding goals that the Department tries to achieve in the design and delivery of prevention, intervention, case management, and treatment services as listed below:

- Assist communities in becoming their own change agents.
- Increase community recognition of alcohol and tobacco as drugs.
- Prevent the continuation of intergenerational family dysfunction due to substance abuse.
- Promote understanding of the disease concept and the hereditary risk factors associated with addiction.
- Assist clients in creating self-sufficient lives.
- Continuously evaluate the services provided to insure that they are accessible, high quality, effective, cost-efficient and best meet the needs of the citizens of Chester County.

## **BACKGROUND**

The Department of Drug and Alcohol Services was established by the Chester County Commissioners as a Public Executive Commission. The Department serves as the Single County Authority (SCA) for Chester County, responsible for the planning, coordination, and administration of community alcohol and other drug prevention, intervention, and treatment services. The Department also provides case management services.

The work of the Department is accomplished with the assistance of the Chester County Advisory Board, whose members are appointed by the Commissioners. Members are community volunteers who advise the Department on community needs, planning and management of resources and services. FY 2008/09 Advisory Board membership was:

Mary J. Lyness, Chairperson  
Elizabeth Anne Redmond, Vice Chairperson  
Bradley Warren, Secretary  
Douglas J. Dunne  
Elizabeth Walls, Ex-Officio  
Angela Linden, Provider Representative

The three (3) person Board of Commissioners is the governing entity responsible for oversight of the Department. The Department is part of Chester County's human services departments, overseen by Human Services Director, Ruth Kranz-Carl.

The majority of prevention, intervention and treatment services are provided via subcontracts developed and monitored by the Department. The Department also conducts regular needs assessments and develops plans for services.

In addition to planning and administrative activities the Department also provides some direct case management and prevention services. Case management services include initial assessment for incarcerated individuals, ongoing case management for all residential clients, and intensive case management services for high need clients. Prevention services include, but are not limited to, information dissemination and environmental strategies. The staff of the Department is:

Kim P. Bowman, Executive Director  
Vince H. Brown, Deputy Director

### **Administrative Unit**

Linda Morris Zonetti, Fiscal Director  
Geri Thomas, Administrative Officer  
Meg Polvino, Prevention Program Specialist  
Cathy Vaul, Program Representative  
Todd Bender, Program Representative  
Sharon Ingraham, Fiscal Officer II  
Mary Jo Nickel, Fiscal Technician  
Betty Wade, Administrative Assistant  
Gloria Anderson, Secretary

### **Case Management Unit**

Jamie Johnson, Case Mgmt. Supervisor  
Kate Blonsky, Case Manager  
Rebecca Harkins, Case Manager  
Crystal Robertson, Case Manager  
Roslyn Cannie, Case Manager  
Sheila Thomas, Secretary  
Karen Records, Program Specialist

## Department Accomplishments

In addition to the ongoing management of a prevention, intervention and treatment system for Chester County the Department accomplished the following:

- ❖ Provided Intensive Case Management (ICM) services to 20 Chester County Residents.
- ❖ Hosted a visit by the Pennsylvania Secretary of Health that included a meeting with local community prevention coalitions and a visit to a local treatment program.
- ❖ With Advisory Board and trainer, developed and implemented a 12 Step training to assist clinicians and others with making meaningful referrals to 12 step recovery programs.
- ❖ Implemented State Prevention Framework State Incentive Grant prevention activities to address underage alcohol use in two (2) communities: West Chester and Great Valley.
- ❖ Trained Student Assistance Program (SAP) liaisons in the use of the Child and Adolescent Needs and Strengths (CANS) data collection tool to more effectively screen youth, in grades 6 through 12, for substance use and mental health needs. This was done in collaboration with our Department of Mental Health/Mental Retardation. CANS was implemented in all 12 school districts.
- ❖ Sponsored a one-day training for 47 clergy entitled: "Core Competencies for Clergy and Other Leaders in Addressing Alcohol and Other Drug Dependencies".
- ❖ Successfully completed 2 competitive selection processes during the year. First round was for services in Coatesville, PA with services successfully implemented in FY 2008/09. The 2<sup>nd</sup> round was for outpatient services in Northern and Southern Chester County with planned implementation in FY 2009/10.
- ❖ Continued involvement with Drug Court, Recovery Court and implementation of Mental Health Court.
- ❖ Applied for SAMHSA Community Re-entry Support grant (subsequently notified of award - one of 24 nationally).
- ❖ Involvement and collaboration in many inter-system/inter-departmental committees, workgroups and projects to insure coordinated and appropriate services to residents of Chester County.
- ❖ Continued progress with MISA workgroup, in coordination/cooperation with Department of Mental Health and Community Care, for contracted outpatient D&A and MH providers to move toward attainment of co-occurring competency standards.
- ❖ Conducted 313 assessments for inmates incarcerated at Chester County Prison and provided treatment recommendations to the court. Some of these individuals also received treatment funding.
- ❖ Developed Department Strategic Plan as part of County strategic planning process.

## **SCA Case Management System**

Striving to insure ease of access, Chester County has a decentralized system for entry to funded treatment, regardless of level of care needed. The primary points of entry for funded treatment are our five (5) subcontracted outpatient providers located in Coatesville, Exton, Kennett Square, Phoenixville and West Chester. Each of these providers will screen for emergent needs upon initial contact and then see the individual within 5 days to conduct an assessment to determine, with the individual, the type of treatment (level of care) most appropriate.

For those individuals in need of residential treatment, the program will work with our Case Management Unit to determine the most appropriate program and arrange for treatment funding. Following admission to residential treatment, our Case Management Unit will follow the individual to assist with case management needs and insure continuity of care.

In addition to entry via our outpatient providers, individuals can be assessed at the Chester County Prison and Chester County Youth Center. For individuals in need of emergency care, detoxification admission can happen prior to assessment as appropriate. While in detox the individual will be assessed to determine the appropriate treatment referral.

Need for funded treatment routinely exceeds available resources. As a result, the Department limits the number of residential treatment episodes we will fund. When, during the course of a fiscal year residential funding is exhausted, the Department establishes a waiting list that is maintained in our Case Management Unit. Outpatient services historically always remain available.

## Client Demographics

**SPECIAL POPULATIONS AND SERVICES:** The following information reflects unduplicated funded clients in the county contracted system of care during 08-09 fiscal year.

**NOTE:** There is some impact in the data due to a mid year change of service providers.

Total County-Funded Clients 2009

Number Injection Drug Users (IDUs) 8%

### Primary Drugs of Choice at Time of Admission

|                      |     |
|----------------------|-----|
| Alcohol              | 51% |
| Heroin/Other Opiates | 18% |
| Cocaine              | 11% |
| Other                | 20% |

### Age Ranges at Admission

|          |     |
|----------|-----|
| Under 18 | 3%  |
| 18 – 43  | 58% |
| 35 – 54  | 35% |
| Over 54  | 4%  |

### Race/Ethnicity and Gender

|               |     |
|---------------|-----|
| White Males   | 62% |
| White Females | 20% |
| Black Males   | 12% |
| Black Females | 3%  |
| Other Male    | 2%  |
| Other Female  | 1%  |

**NOTE:** 10% of all individuals reported being of Hispanic origin

### Funded Levels of Care

|  |     |
|--|-----|
| Outpatient                                     | 83% |
| Intensive Outpatient & Partial Hospitalization | 20% |
| Detoxification                                 | 15% |
| Residential                                    | 19% |
| (% with co-occurring mental health disorder)   | 31% |
| Half-way House                                 | 5%  |

**NOTE:** The total is greater than 100% as individuals may attend more than one level of care during their treatment continuum.

### Pregnant Women/Women with Dependent Children

|   |     |
|---|-----|
| Both Pregnant and with Dependant Children | <1% |
| Pregnant Women only                       | <1% |
| Women with Dependent Children             | 3%  |

**NOTE:** The data for Pregnant Women/Women with Dependent Children is based on the total of clients funded by both the SCA and other sources.

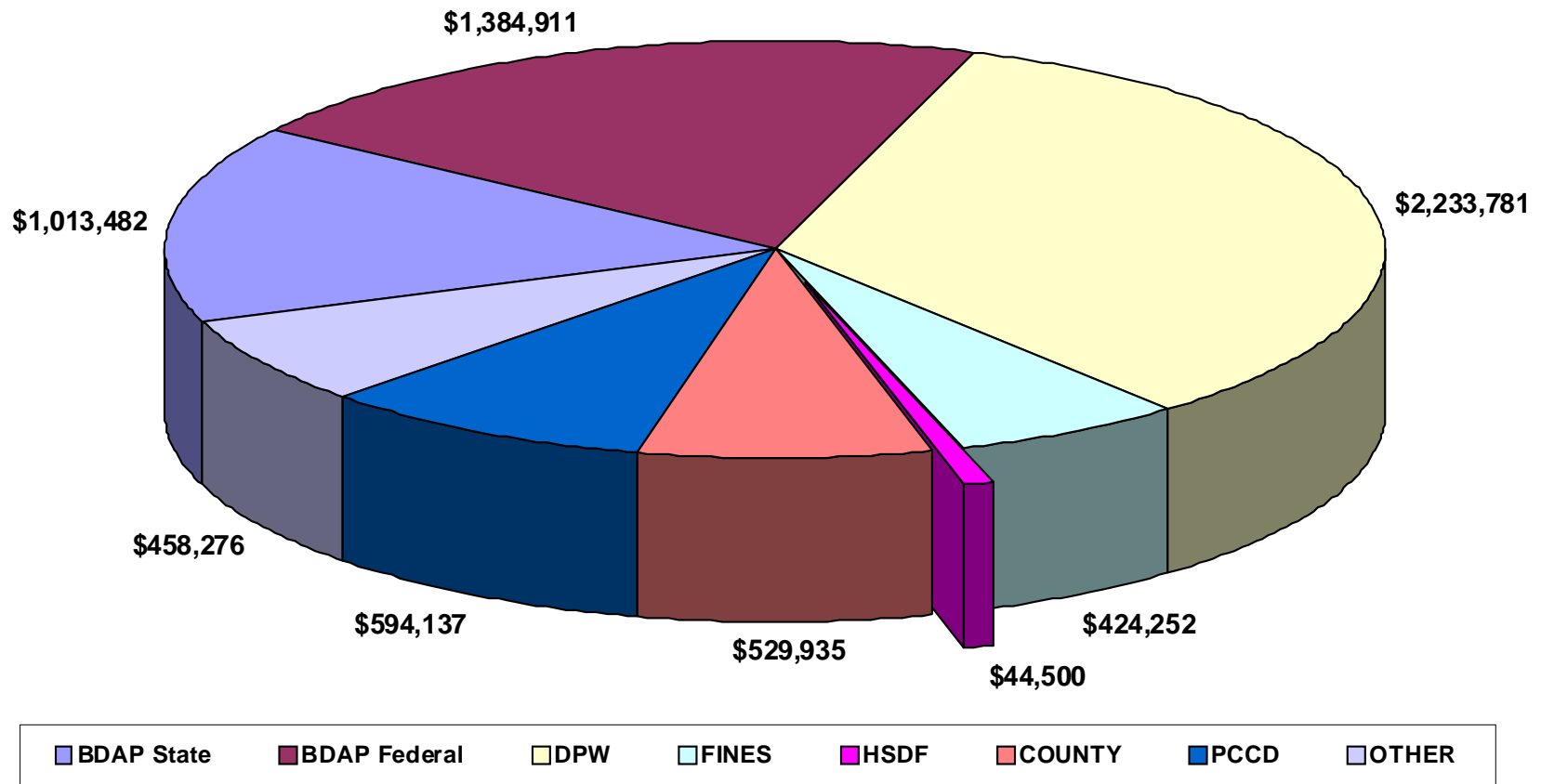
**Referral Source:** 2,255 unduplicated clients were referred to the county treatment system of care during fiscal year 2008/09.

| <b>Description</b>                    | <b>Count<br/>(Unduplicated)</b> |
|---------------------------------------|---------------------------------|
| <b>D&amp;A Abuse Provider</b>         | <b>195</b>                      |
| <b>Self</b>                           | <b>414</b>                      |
| <b>Community Service Agency</b>       | <b>254</b>                      |
| <b>Other Voluntary</b>                | <b>92</b>                       |
| <b>Hospital/Physician</b>             | <b>66</b>                       |
| <b>County Probation/Parole</b>        | <b>853</b>                      |
| <b>State/Federal Probation/Parole</b> | <b>49</b>                       |
| <b>Court (Judge)</b>                  | <b>132</b>                      |
| <b>Other Non-Voluntary</b>            | <b>151</b>                      |
| <b>Diversion Programs</b>             | <b>49</b>                       |

## **FISCAL INFORMATION**

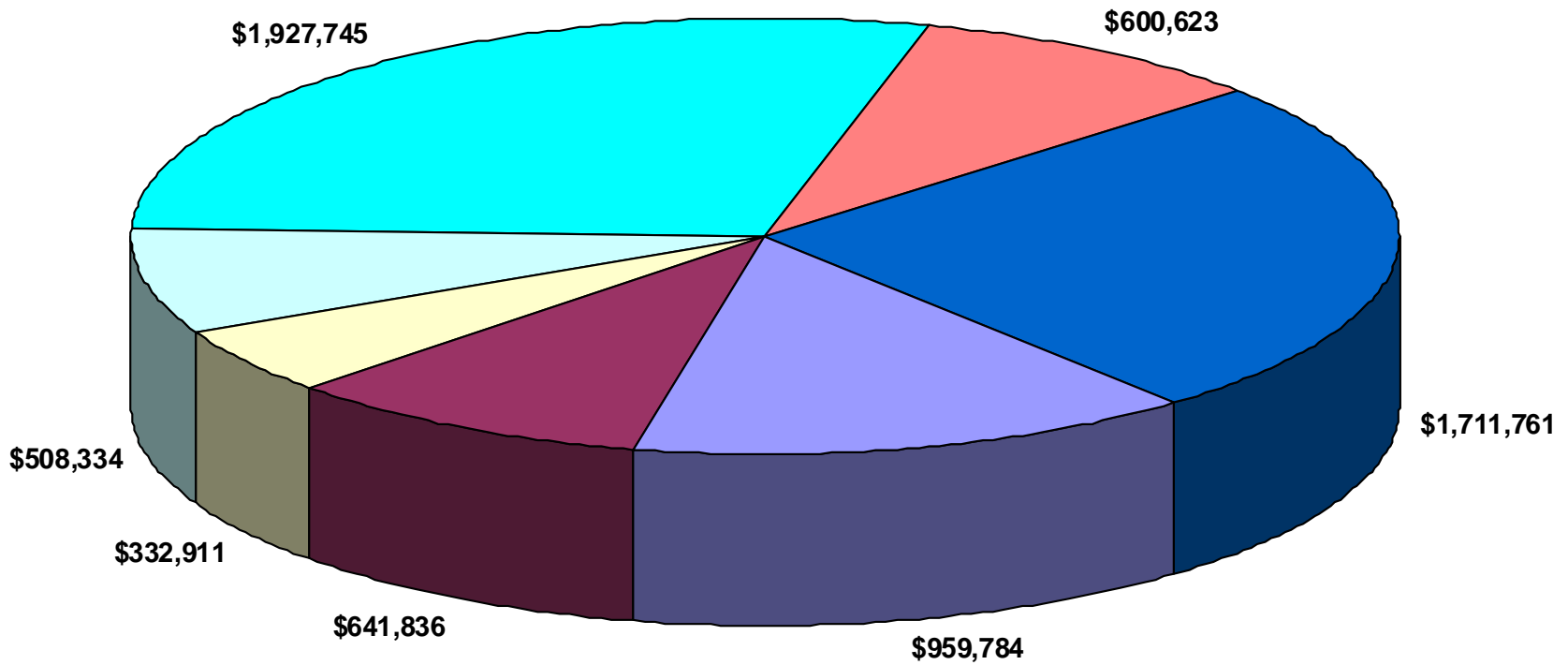
Total Revenue for the Chester County Department of Drug and Alcohol Services for fiscal year 2008/09 was \$6,683,274. Revenue Sources included federal funding streams, PA Department of Public Welfare funding, PA Department of Health State Base, Human Services Development Fund (HSDF), Chester County matching funds, and other miscellaneous sources, such as DUI fines, Act 198 funds, HealthChoices, other County funds, etc. The following Charts show the breakdown of the Total Revenue, Total Expenditures and Funds Utilized for Treatment for the 2008/09 fiscal year.

### Total Revenue FY 2008/09 - \$6,683,274



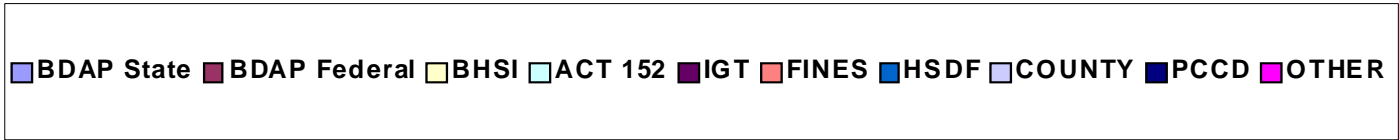
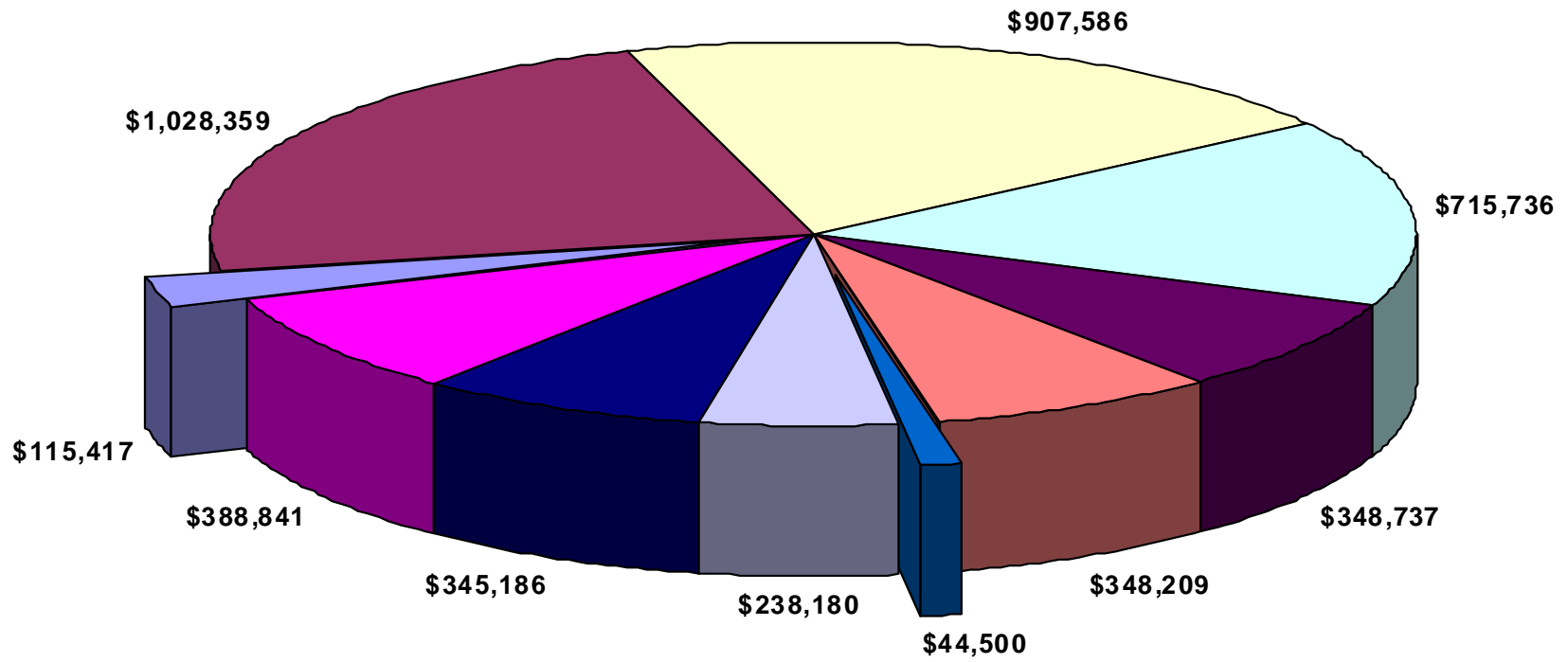


### Total Expenditures 2008/09 FY - \$6,683,274



|                        |                         |                |               |
|------------------------|-------------------------|----------------|---------------|
| Administration         | Case Management         | Detox          | Halfway House |
| Outpatient/IOP/Partial | Prevention/Intervention | Rehabilitation |               |

## Funds Utilized for Treatment 2008/09 FY - \$4,480,751



# CHESTER COUNTY COMMISSIONERS 2009

*Carol Aichele, Chairperson  
Terence Farrell  
Kathi Cozzone*

These services are made possible by the Chester County Commissioners, Pennsylvania Department of Health, Bureau of Drug and Alcohol Programs, and the United States Department of Health and Human Services. Some data for use in this report were obtained through the county's contract with the Pennsylvania Department of Health. The Pennsylvania Department of Health specifically disclaims responsibility for any analysis, interpretations, or conclusions therein.

*Edward Rendell, Governor  
Commonwealth of Pennsylvania*

*Everette James, Secretary  
Department of Health*

Subcontracting agencies also receive contributions from local United Way chapters, foundations, and private donations.