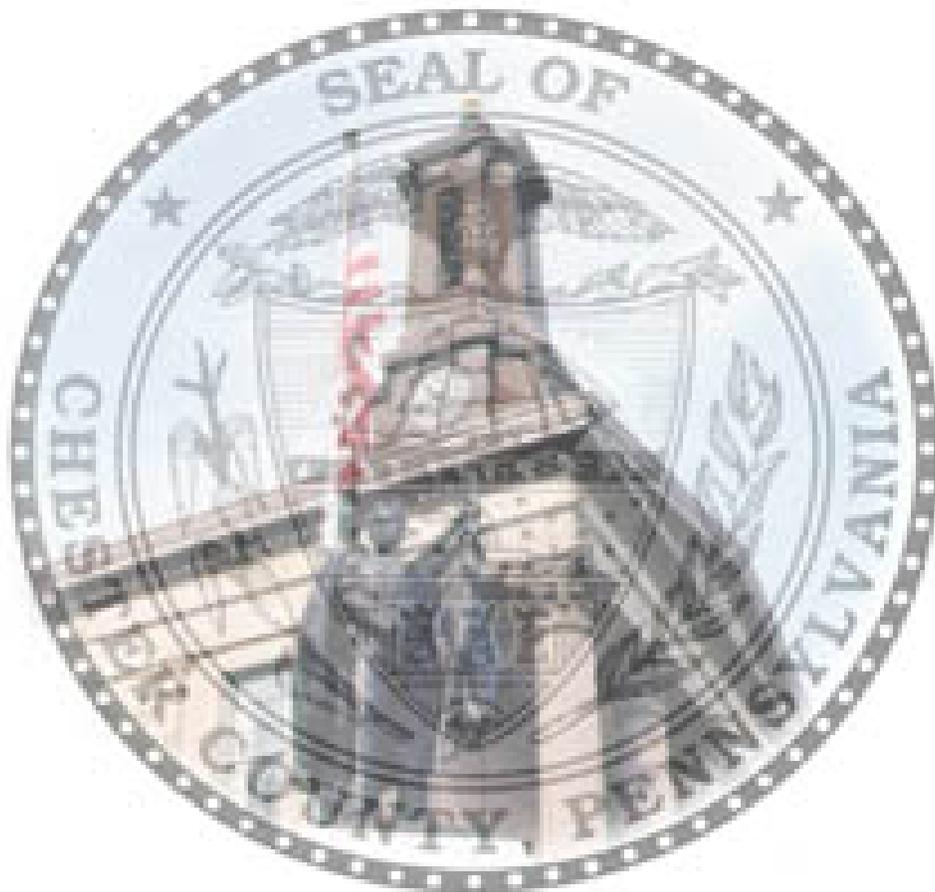


CHESTER COUNTY

DEPARTMENT OF DRUG AND ALCOHOL SERVICES



**ANNUAL REPORT
FY 2011/12**

Chester County

Department of Drug and Alcohol Services

Government Services Center, Suite 325
601 Westtown Road, P.O. Box 2747
West Chester, PA 19380-0990
(610) 344-6620

VISION

Promote alcohol and other drug policies and programs that improve the quality of life and reflect the cultural and economic diversity of the community.

MISSION

Ensure that quality alcohol and other drug intervention and treatment, as well as alcohol, tobacco and other drug prevention programs are provided for citizens in an efficient and cost-effective manner.

GOALS

The service delivery system for county residents has been designed to provide comprehensive and accessible care for both adolescents and adults in need of treatment or intervention services and assistance to communities trying to prevent addiction. There are several overriding goals that the Department tries to achieve in the design and delivery of prevention, intervention, case management, and treatment services as listed below:

- Assist communities in becoming their own change agents.
- Increase community recognition of alcohol and tobacco as drugs.
- Prevent the continuation of intergenerational family dysfunction due to substance abuse.
- Promote understanding of the disease concept and the hereditary risk factors associated with addiction.
- Assist clients in creating self-sufficient lives.
- Continuously evaluate the services provided to ensure that they are accessible, high quality, effective, cost efficient and best meet the needs of the citizens of Chester County.

BACKGROUND

The Department of Drug and Alcohol Services was established by the Chester County Commissioners as a Public Executive Commission. The Department serves as the Single County Authority (SCA) for Chester County, responsible for the planning, coordination, and administration of community alcohol and other drug prevention, intervention, and treatment services. The Department also provides case management services.

The work of the Department is accomplished with the assistance of the Chester County Advisory Council, whose members are appointed by the Commissioners. Members are community volunteers who advise the Department on community needs, planning and management of resources and services. FY 2011/12 Advisory Council membership was:

Elizabeth Anne Redmond, Chairperson
Douglas J. Dunne, Vice Chairperson
A. Joe Benjamin, Secretary
Betsy Walls, Health Department Representative
Angela Asparagus, Member-At-Large
Gwenn Knapp, Member-At-Large
Bradley Warren, Member-At-Large

The three (3) persons Board of Commissioners is the governing entity responsible for oversight of the Department. The Department is part of Chester County's human services departments, overseen by Human Services Director, Ruth Kranz-Carl.

The majority of prevention, intervention and treatment services are provided via subcontracts developed and monitored by the Department. The Department also conducts regular needs assessments and develops plans for services.

In addition to planning and administrative activities, the Department also provides some direct case management and prevention services. Case management services include initial assessment for incarcerated individuals and ongoing case management for all residential clients. Prevention services include, but are not limited to, information dissemination and environmental strategies. The staff of the Department is:

Vincent H. Brown, Executive Director
Jamie Johnson, Deputy Director

Administrative Unit

Todd Bender, Program Specialist II
Kathy Collier, Prevention Specialist
Scott Dentremon, Fiscal Officer I
Sharon Ingraham, Fiscal Officer II
Mary Jo Nickel, Fiscal Technician
Meg Polvino, Program Specialist II
Cathy Vault, Program Specialist II
Betty Wade, Administrative Officer I

Case Management Unit

Crystal Anderson, Data Entry Operator
Roslyn Cannie, Case Manager
Richard Eline, Case Manager
Rebecca Harkins, Case Manager
Crystal Robertson, Case Manager
Joanne Rubel, Treatment Court Specialist

DEPARTMENT ACCOMPLISHMENTS

In addition to the ongoing management of prevention, intervention and treatment system for Chester County, some of the Department's other accomplishments include the following:

Administrative

- ❖ Awarded a three-year (combination) SAMHSA/BJA grant for a drug court enhancement project, Leading Everyone to Achieve Their Potential (LEAP). The target population is drug court clients, ages 18 – 25, with high criminogenic and/or clinical risks. It is designed to increase treatment court retention, increase abstinence and reduce recidivism.
- ❖ Staff from the Department began working with staff from the Department of Children, Youth and Families (CYF) regarding concerns and needs for children and families involved with their system, that have a drug and/or alcohol problem. The preliminary focus of the workgroup will be education about services available and how to access them, identification of substance abusers, addressing the challenges of referring and retaining these clients in services, communications between the drug and alcohol and CYF system.
- ❖ The Department, in partnership with the County Department of MH/IDD and our managed care provider Community Care Behavioral Health (CCBH), has been working closely with a contracted provider “Voice & Vision Consumer and Family Satisfaction Team” to secure data-driven feedback from individual and family members. This workgroup is seeking the individual's perspective about services and their experience with our contracted providers of behavioral health services. Our goal is to identify provider and system's strengths and opportunities for improvement. Currently, three (3) service areas have been targeted for this fiscal year (MH Case Management, Family-based Services and Halfway House services).
- ❖ The Department partnered with the Chester County Department of MH/IDD and our managed care provider CCBH in submitting a Reinvestment Plan, which was approved, to provide outreach to the Latino community regarding service needs and begin the process to increase treatment capacity and bolster service availability. A “Latino Advisory Board” has been established as a part of this project and over the course of the last year it has become fully operational with approximately 200 participants from the community, service providers as well as Chester County Human Service Departments. This group has addressed important issues affecting the Latino community: Reducing Stigma for those needing Mental Health and Drug & Alcohol services and Increasing Workforce Capacity within our county contracted treatment providers.
- ❖ The Department in partnership with the Chester County Departments of Aging and MH/IDD continued participation in a monthly state-wide call which addresses the needs of older adults seeking services. Chester County was invited into this consulting process as our County has had a Memorandum of Understanding in place between County Departments for several years. This partnership serves

as guidelines to consult on cases involving older adults who appear to have service needs either in the areas of mental health or addiction. Chester County is one of the few counties that has taken this model, along with the System of Care practice model, and consistently has all stakeholders at the table to identify services available and to create a single plan of care for each individual/family on a case by case basis.

Treatment

- ❖ Avoided the implementation of waiting lists for residential treatment for the last 6 months of the fiscal year, despite having insufficient funds to meet the demand for all services. Department staff worked with our contracted providers and identified and utilized additional funding, throughout the year, to ensure that clients in need of residential services received the appropriate level of care and length of stay.
- ❖ Entered into a contract with the Gaudenzia Fresh Start program in the State of Delaware. This is a long term residential program for young adults, ages 18 – 25 with an opiate addiction.
- ❖ Worked with the Department of Managed Behavioral Health to submit a Reinvestment Plan to assist in the startup and continuing services for pregnant women and/or women with dependent children in our contracted outpatient provider located in Phoenixville. The services funded include the startup of an Intensive Outpatient Program (IOP) and the implementation of support services that include childcare, transportation and case management for the women and their children in the program.

Case Management

- ❖ Completed 294 assessments at Chester County Prison, which includes a complete assessment, reporting and follow up with any legal entities and a program admission if eligible.
- ❖ Participation in the System of Care (SOC) project with Children, Youth and Families (CYF), Mental Health/Intellectual and Development Disabilities (MH/IDD), Aging, Adult and Juvenile Probation (AJO/JPO) and Human Services. One of the primary activities was the Department's staff initiation of relevant communications and meetings, as well as their participation in those initiated by other staff and systems.

Recovery Support

- ❖ Supported individuals in recovery attendance at the Recovery Walk in Philadelphia, the national site for the walk, through the provision of bus transportation.

- ❖ Successful continuation using the System of Care practice model when working with complex, challenging and/or multi-systems involved clients. This includes working with other County departments, such as Children, Youth and Families, Mental Health/Intellectual and Developmental Disabilities, Human Services, Juvenile Probation and the Department of Aging. Assisted in the development and presentation of a System of Care overview to our in-county treatment providers, to familiarize them with this Human Services' Practice Model and "roll it out" in their individual programs.
- ❖ Proclamation presented by the County Commissioners supporting the National Drug and Alcohol Recovery Month in Chester County.
- ❖ In September, 2012 the Department hosted a local National Drug and Alcohol Awareness month by providing informational literature, program brochures, and 12-Step meeting lists to the public.

Prevention/Intervention

- ❖ Conducted a survey of over 10,000 secondary school students in grades 6,8,10 and 12 on their behavior, attitudes and knowledge concerning alcohol, tobacco and other drugs. Findings from the survey build upon data gathered from previous survey years (administered bi-annually since 1999) and provide critical information that helps target prevention and intervention activities as well as benchmarks for measuring change in unhealthy behaviors.
- ❖ Successfully implemented first phase of a county-level strategic plan supporting community-based prevention efforts. The addition of a Prevention Specialist position to the Department's staffing complement allowed needed training and resources for the communities so they could effectively move through the phases of an evidence-based community mobilization process such as the Communities That Care model.
- ❖ Awarded Problem Gambling funds from the Department of Drug and Alcohol Programs to address identified issues from the county's needs assessment conducted in late 2010, early 2011. Problem gambling prevention activities served over 4,000 Chester County residents by providing community awareness opportunities, training and workforce development.
- ❖ Completed last year of the Strategic Prevention Framework – State Incentive Grant (SPF-SIG) in conjunction with the West Chester Area Communities That Care (CTC) coalition. As a result, two (2) environmental strategies, addressing community norms that are favorable to underage alcohol use, were implemented and will be sustained past the grant period. The first strategy (Safe Homes) provides a way for parents to talk to each other about maintaining safe, healthy environments in their own homes and properties – free of alcohol, tobacco or other drugs - while maintaining a clear "No Use" message for their children. The second strategy works in conjunction with local law enforcement to inform and enforce Social Host Liability laws.

- ❖ Contracted Student Assistance Program (SAP) provider served over 600 youth in grades 6 through 12. A mid-year survey of 164 youth that participated in the SAP process indicated that in regard to their primary reason for referral; 49.4% felt that there was “Some Improvement” and 38.4% felt there was “Improvement”. Additionally, the majority of youth (87.2%) reported that they had a “Good” or “Very Good” experience with their school’s SAP Team and 93.9% would “Tell a friend to use the school’s SAP Team”.

SCA Case Management System

Striving to ensure ease of access, Chester County has a decentralized system for entry to funded treatment, regardless of level of care needed. The primary points-of-entry for funded treatment are our five (5) subcontracted outpatient providers located in Coatesville, Exton, Kennett Square, Phoenixville and West Chester. Each of these providers will screen for emergent needs upon initial contact and then see the individual to conduct an assessment to determine, with the individual, the type of treatment (level of care) most appropriate.

For those individuals in need of residential treatment, the program will work with our Case Management Unit to determine the most appropriate program and arrange for treatment funding. Following admission to residential treatment, our Case Management Unit will follow the individual to assist with case management needs and ensure continuity of care.

In addition to entry via our outpatient providers, individuals can be assessed at the Chester County Prison with recommendations for level of care made to the presiding criminal justice agency.

For individuals in need of emergency care, detoxification admission can happen prior to assessment as appropriate. While in detox, the individual will be assessed to determine the appropriate treatment referral.

Need for funded treatment routinely exceeds available resources. As a result, the Department limits the number of residential treatment episodes we will fund. When, during the course of a fiscal year residential funding is exhausted, the Department establishes a waiting list that is maintained in our Case Management Unit. Outpatient services historically always remain available.

Client Demographics

SPECIAL POPULATIONS AND SERVICES: The following information reflects unduplicated funded clients in the county contracted system of care during Fiscal Year 2011/12.

Total County-Funded Clients 2,250

Total Number of Admissions for FY 2011/12 1,668

Of the Total Number of Admissions:

Percent of Injection Drug Users (IDUs) 13%

Primary Drugs of Choice at Time of Admission

- Alcohol 47%
- Heroin/Other Opiates 24%
- Marijuana 19%
- Cocaine 6%
- Other 4%

Age Ranges at Admission

- Under 18 1%
- 18 – 34 61%
- 35 – 54 32%
- Over 54 5%

Race/Ethnicity and Gender

- White Males 52%
- White Females 20%
- Black Males 14%
- Black Females 3%
- Other Male 10%
- Other Female 1%

* NOTE: 12% of all individuals reported being of Hispanic origin

Funded Levels of Care of the Total County-Funded Clients

- Outpatient 88%
- Intensive Outpatient & Partial Hospitalization 18%
- Detoxification 13%
- Residential 20%
 - With Co-Occurring mental health disorders 32%
- Halfway House 4%

* NOTE: The total is greater than 100% as individuals may attend more than one level of care during their treatment continuum.

Pregnant Women/Women with Dependent Children

- Both Pregnant and with Dependent Children <1%
- Pregnant Women only <1%
- Women with Dependent Children 4%

* NOTE: The data for Pregnant Women/Women with Dependent Children is based on the total of clients funded by both the SCA and other sources.

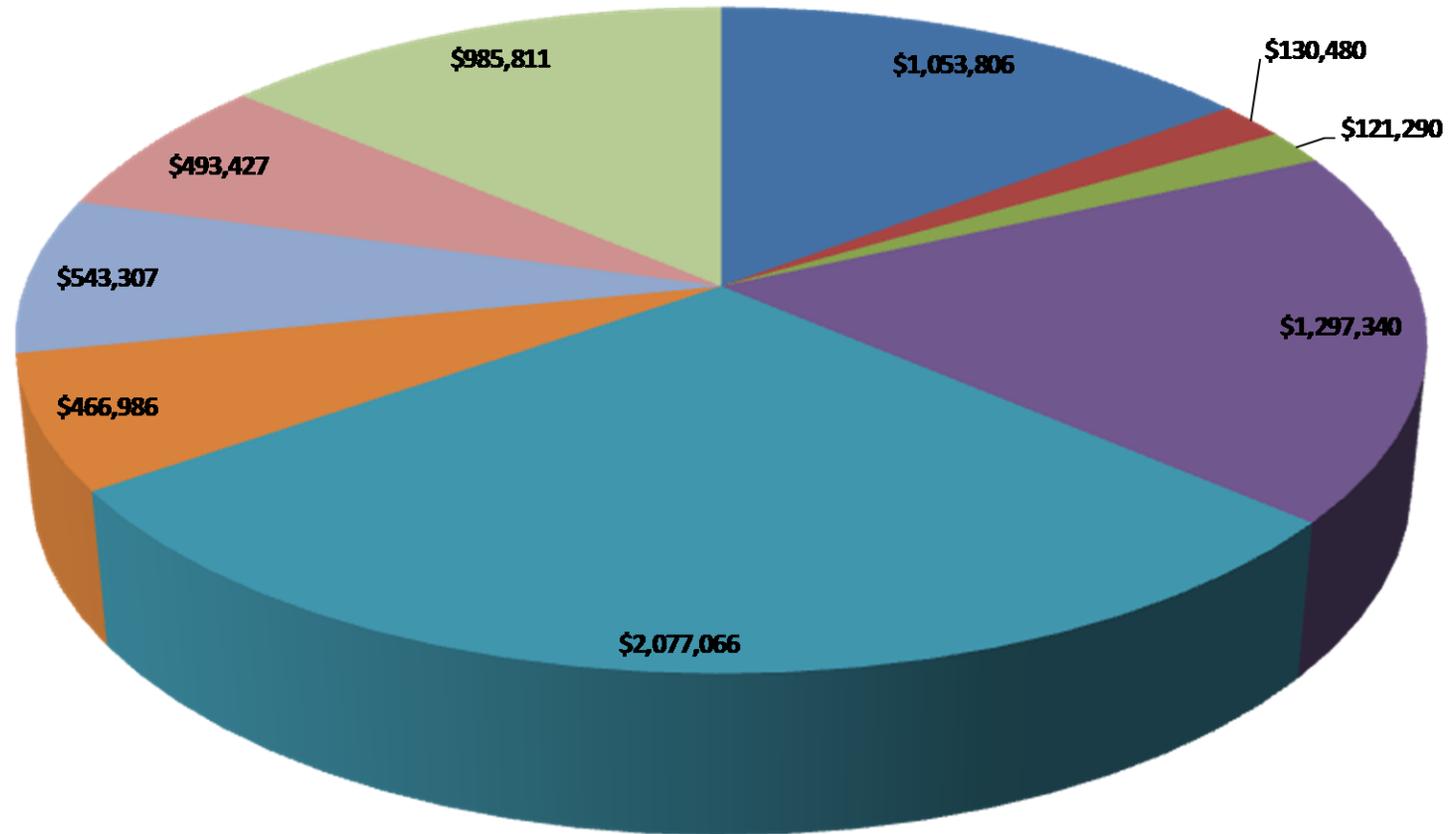
REFERRAL SOURCE: 2,259 unduplicated clients were referred to the county treatment system of care, regardless of funding source, during Fiscal Year 2011/12.

Description	Count (Unduplicated)
D&A Abuse Provider	152
Self	431
Hospital/Physician	80
Community Service Agency	265
Other Voluntary	89
County Probation/Parole	729
State/Federal Probation/Parole	70
Diversion Programs	35
Court (Judge)	234
Other Non-Voluntary	174

FISCAL INFORMATION

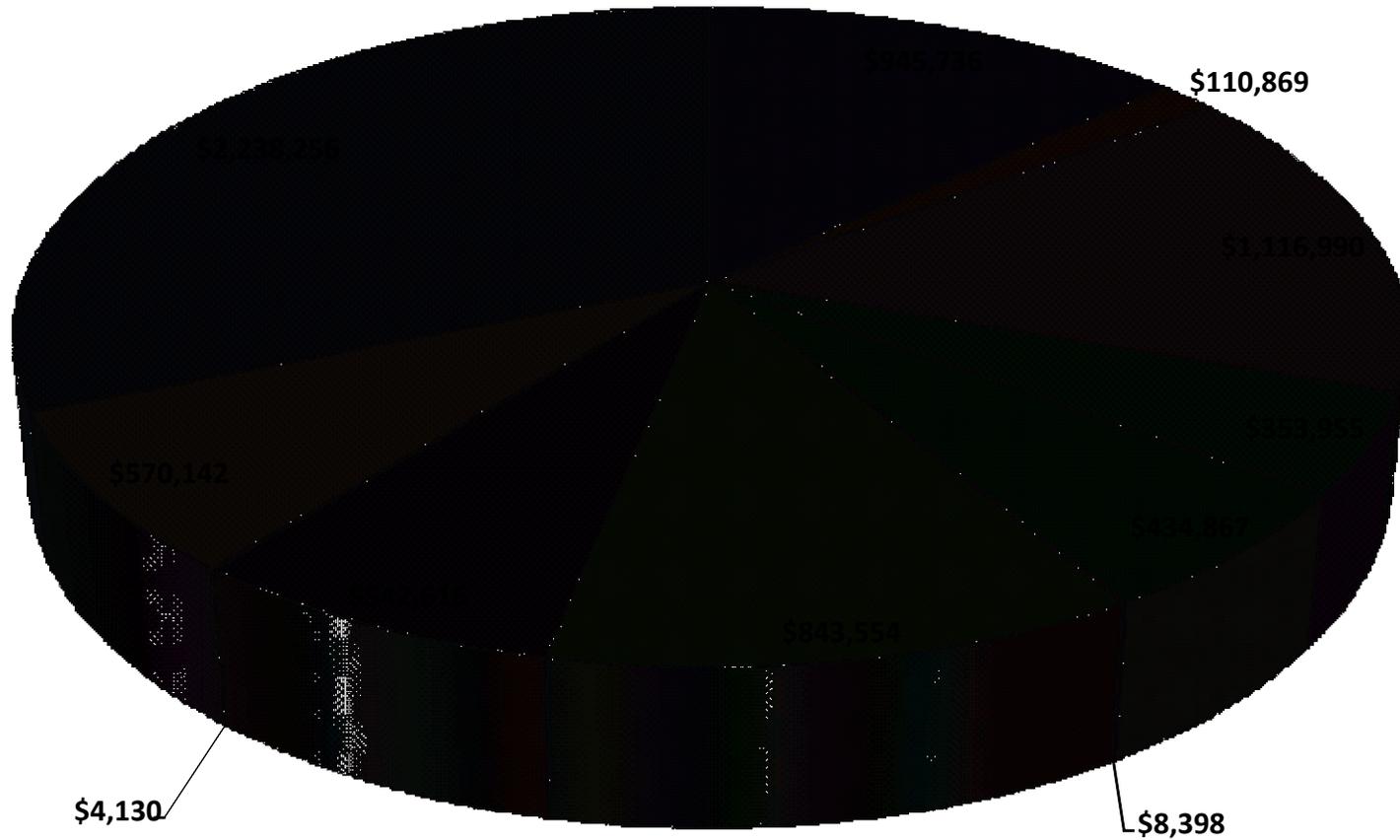
Total Revenue for the Chester County Department of Drug and Alcohol Services for FY 2011/12 was **\$7,169,513**. Revenue Sources include federal funding streams, PA Department of Public Welfare funding, PA State Base, PA Commission on Crime & Delinquency (PCCD), Chester County matching funds and other miscellaneous sources (Interest, OMBH, Drug Court, Criminal Justice, SAMSHA & Children, Youth and Families, Department of Community Development funding).

Total Revenue FY 2011/12 - \$7,169,513



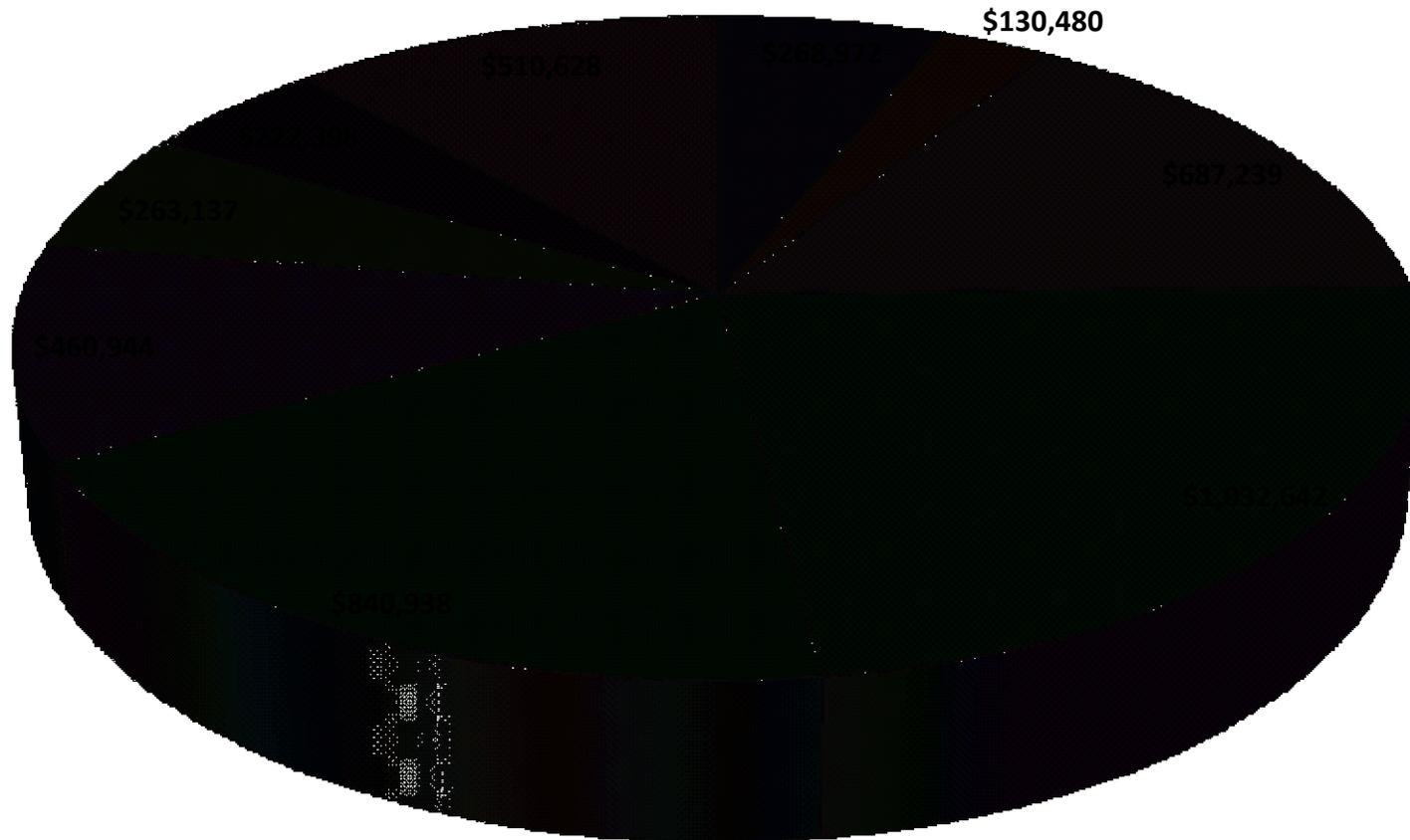
■ BDAP State ■ ACT 1 ■ ACT 50 ■ BDAP Federal ■ DPW ■ FINES ■ COUNTY ■ PCCD ■ OTHER

Total Expenditures FY 2011/12 - \$7,169,513



- Administration
- Evaluation
- Case Management
- Detox
- Halfway House
- Intervention
- Outpatient
- IOP
- Partial
- Prevention
- Rehabilitation

Funds Used for Treatment FY 2011/12 - \$4,417,378



■ BDAP State ■ ACT 1 ■ BDAP Federal ■ BHSI ■ ACT 152 ■ FINES ■ COUNTY ■ PCCD ■ OTHER

CHESTER COUNTY COMMISSIONERS 2012

*Terence Farrell, Chairperson
Kathi Cozzone
Ryan A. Costello*

These services are made possible by the Chester County Commissioners, Pennsylvania Department of Drug and Alcohol Programs, and the United States Department of Health and Human Services. Some data for use in this report were obtained through the county's contract with the Pennsylvania Department of Health and Department of Drug and Alcohol Programs. The Pennsylvania Department of Health and Pennsylvania Department of Drug and Alcohol Programs specifically disclaims responsibility for any analysis, interpretations, or conclusions therein.

*Tom Corbett, Governor
Commonwealth of Pennsylvania*

*Gary Tennis
Department of Drug and Alcohol Programs*

Subcontracting agencies also receive contributions from local United Way chapters, foundations, and private donations.